



WA HEALTH PROMOTING  
SCHOOLS ASSOCIATION (INC.)

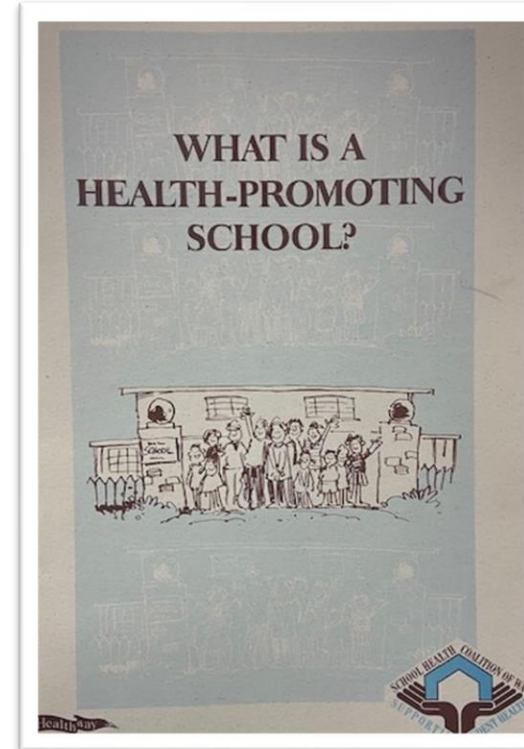
# What is a Health Promoting School? Increasing health literacy in Western Australian schools



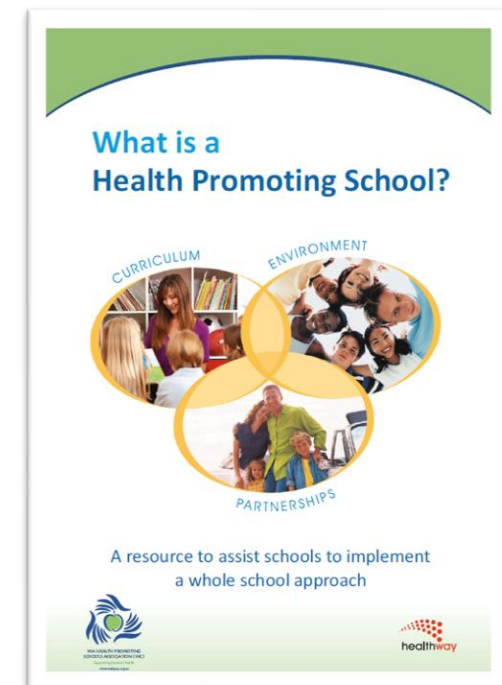
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# AIM

WAHPSA will be undertaking a comprehensive review of the health promoting schools' landscape; consulting with stakeholders; developing a third edition (1995 & 2011) of the What is a Health Promoting School? book; and reviewing and updating the WAHPSA website and supporting tools and resources.



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## Key objective



WAHPSA will develop and disseminate resources to support Western Australian schools in implementing health strategies.

The key objective of the Project is to:

- increase the capacity of schools to be a HPS
- increase schools' engagement with WAHPSA
- increase schools' awareness of the tools, resources and programs available, contributing to life-long healthy behaviours of Western Australian children.

## Objectives – What is a Health Promoting School? resource

- The ‘What is a Health Promoting School?’ book will be developed and disseminated by post (hard copy)
  - one copy per Western Australian school
  - to all school health nurses via the Child and Adolescent Health Service and WA Country Health Service
  - to all Universities in Western Australia with public health and education faculties
  - to all parent body groups such as WA Council of State School Organisations, Association of Independent Schools of WA and Catholic School Parents WA
- Uploaded to the WAHPSA website and freely available to the public.



# Objectives – website and resources



- The WAHPSA website will be:
  - updated to reflect the new publication with additional resources, links and case studies
  - used to raise high level awareness and the profile of the Health Promoting Schools framework to WA School Principals, Teachers/Pre-service Teachers and Parent Bodies.

# Strategies



- Strategy 1: Literature review and needs assessment
- Strategy 2: Collaboration and data collection
- Strategy 3: Advisory group establishment and facilitation
- Strategy 4: What is a Health Promoting School? book and key resources
- Strategy 5: Website
- Strategy 6: Promotion and dissemination

