

A photograph of three young children in a school cafeteria, all wearing red school uniforms. They are sitting at a table and eating from blue and purple lunch trays. The child in the foreground is a boy with dark hair, focused on eating a slice of orange. Behind him, another boy with light brown hair is also eating. To the right, a girl is partially visible, also eating. The background shows blue school lockers and a yellow wall.

WA Whole of School Healthy Eating Program



“Creating a healthier future”

Vision:

Healthy & Sustainable eating for all Australians

Mission:

Improve the food system to create healthier communities

Values:

Equity, independence, integrity, agility, innovation

What do we do?

- We promote **healthy eating for all** with the ADG's
- We create **supportive food environments**
- We work to improve **food literacy for all**



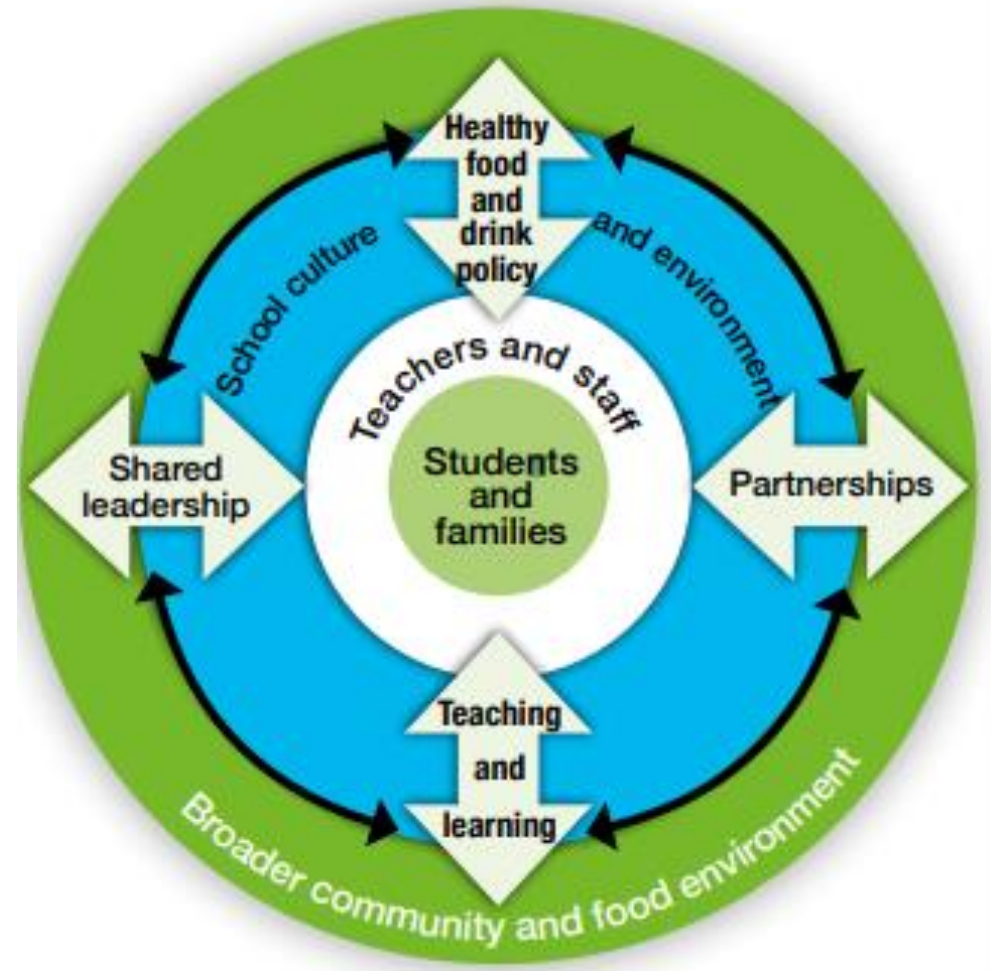


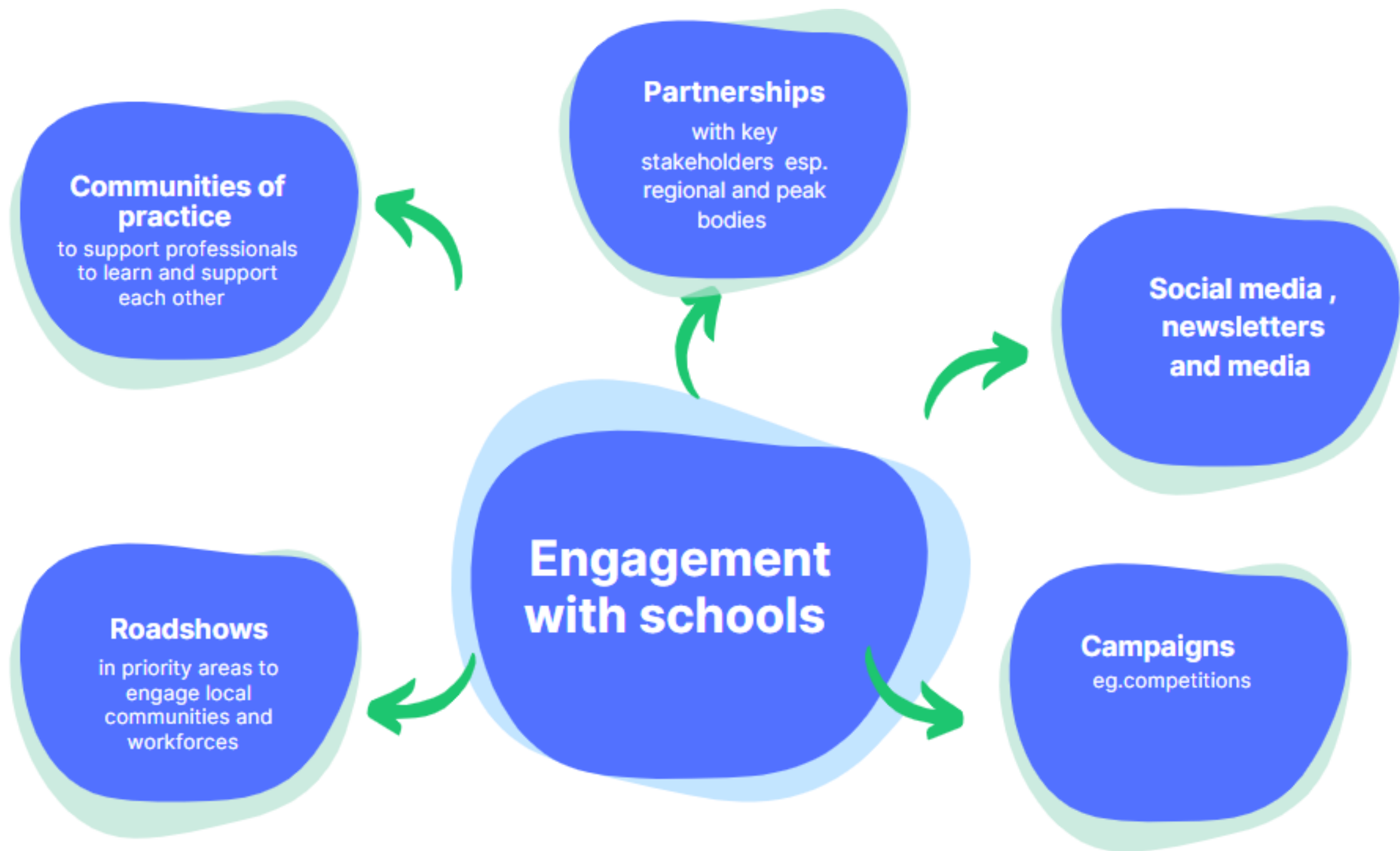
WA Whole of School Healthy Eating Program



The **Good Practice** Guide

Supporting healthy eating and drinking at school





Service level outcomes

WA schools, teachers, staff, canteen staff and parents:

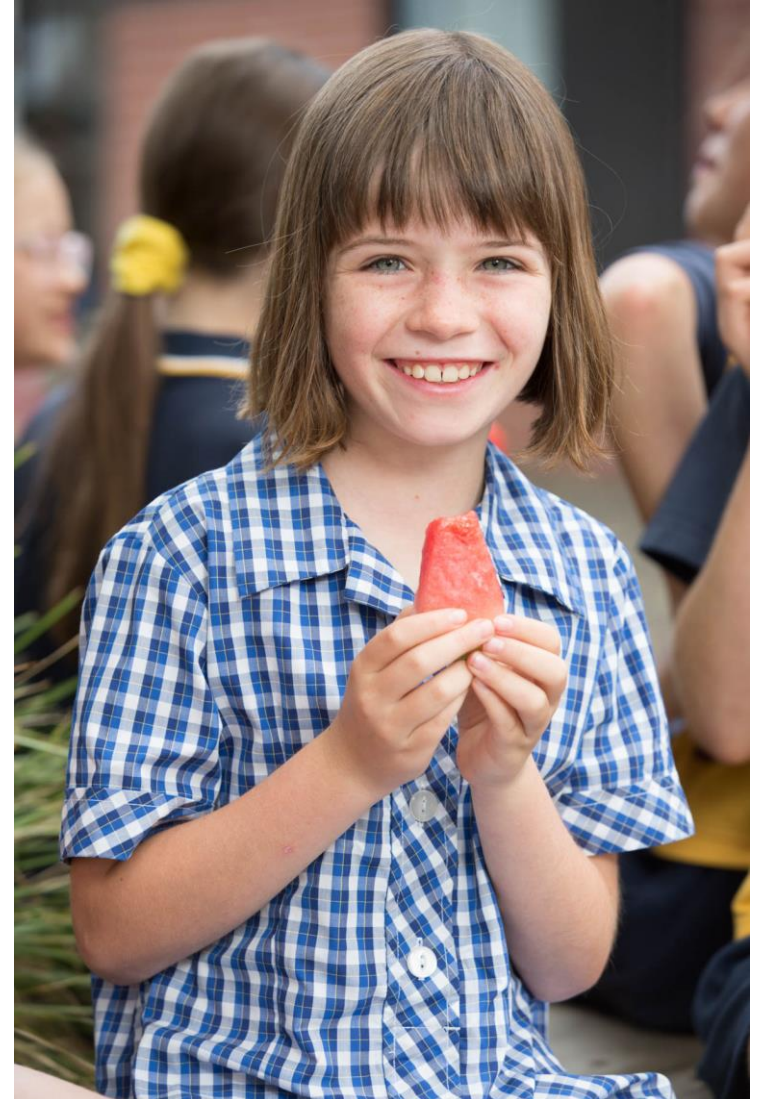
- Increased proportion of WA schools adopting a Whole of School Healthy Eating Program with the aim of:
 - improving compliance with the Department of Education HFD policy;
 - creating healthy school food environments; and
 - increasing food literacy knowledge, skills and confidence of school teachers and staff, parents and the broader school community.
- Increase in positive attitudes towards the implementation of a Whole of School Healthy Eating Program;
- Increase in knowledge, skills, confidence and motivation to implement all elements of a Whole of School Healthy Eating Program;
- Developing and strengthening community partnerships between schools and their local community members and groups, parents and families, and government and non-government organisations.



Service level outcomes

WA school children:

- Increased food literacy knowledge, skills and confidence;
- Increased proportion of children who are exposed to classroom activities designed to improve their knowledge about food, nutrition and healthy eating;
- Increased positive attitudes towards healthy eating.



Program overview

- **State-wide advisory service**
 - Interactive website
 - Email, phone support
 - Curriculum materials and other resources
 - HFD policy training
 - Menu, recipe and product assessments – FoodChecker
 - Capacity and networking activities
- **Promotion, partnerships and engagement**
- **Evidence-based research and evaluation**
- **Customised to needs of WA school community**





Supporting healthy eating.

Check your foods and drinks against government guidelines for long day care, schools, retail food outlets, catering and vending machines.

[About FoodChecker](#)[Get started →](#)[Search and assess products](#)

Create & Save Recipes

Enter your own recipes to be assessed.



Assess Menus & Vending

Find out if your menus and vending machines meet nutrition guidelines.



Create Menus

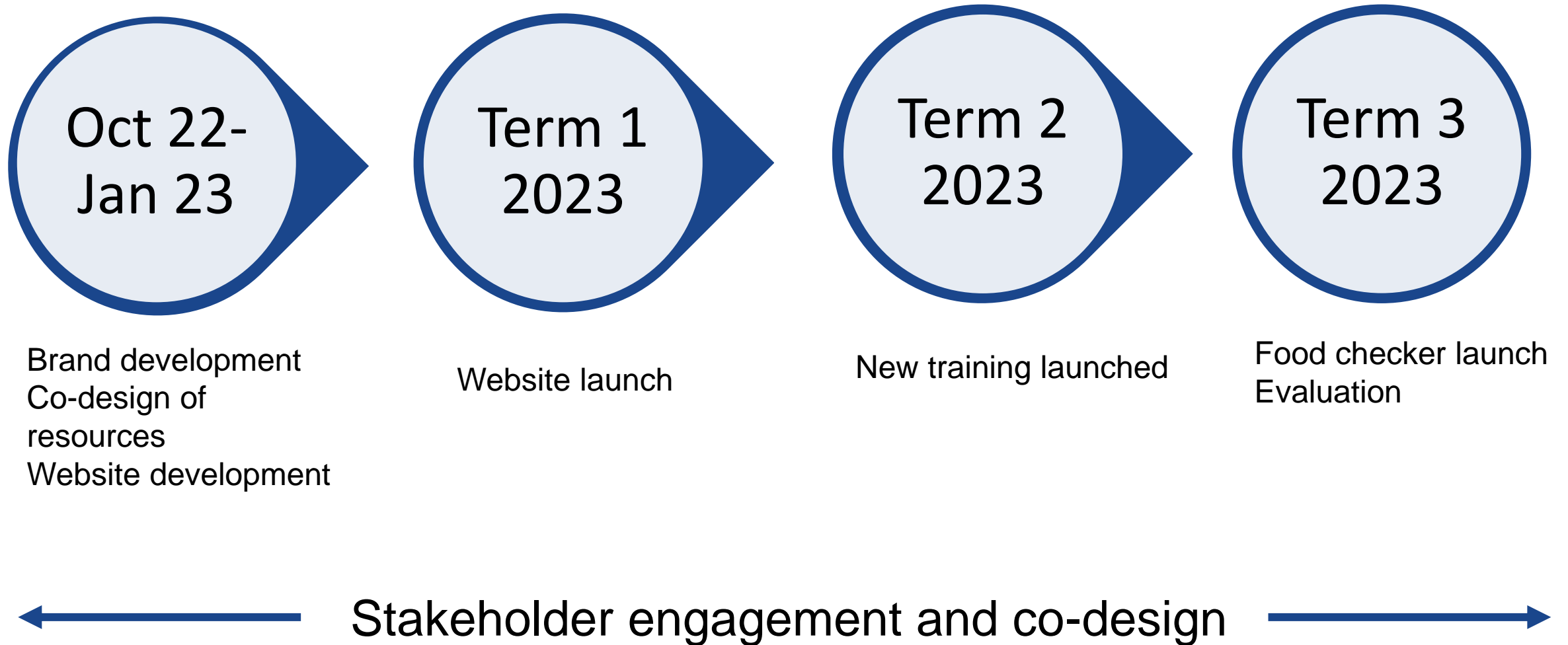
Plan a future menu to include healthy food and drinks.



Find healthier products

Find out if a food or drink is rated **GREEN**, **AMBER** or **RED**.

Program Timeline



Stakeholder Survey

<https://www.surveymonkey.com/r/SH7TF2S>

For further information, please email
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Thank you

