

Minutes of the General Meeting

Date:	17 June 2021		
Time:	4:00 - 5:00pm		
Venue:	ECU, Joondalup campus		
Zoom:	https://us02web.zoom.us/j/86925590998?pwd=YUpsNlZlUzNCOENLbmJR TmtMMLhRZz09		
Chairperson:	Leisha Aberle	Minute Secretary:	Jill Darby

Meeting opened at: 4:10pm at ECU Joondalup Campus. Jill welcomed the members to Joondalup campus and the President acknowledged the Aboriginal Country where the meeting was held.

1. Attendance and apologies

Office Bearers Present:

President	Leisha Aberle	East Metro Health Service
Treasurer	Noelene Swain	Fresh Finesse
A/Secretary	Jill Darby	ECU
Committee member	Va Bola (Zoom)	Child & Adolescent Health Service
Committee member	Corey Chalmers	Cancer Council WA
Committee member	Sophie Nolan (Zoom)	WA School Canteen Assoc.
Committee member	Sue McLaren	Animal Fun

Other member attendees:

Regina Cruikshank	Yogazait
Sue Dimitrijevic	Sue Dimitrijevic Consultancy
Andy Preiato	Helping Minds
Ila Nancy	Social work student

Apologies: Amanda Ferguson, Ruth Wallace, Mikala Atkinson, Gemma West and Sharelle Tulloh.

2. ECU Food Printer

Demonstration was presented by Liezhou Zhong from ECU Nutrition Institute during afternoon tea.

3. Acceptance of previous minutes

General Meeting held 24 March 2021. Minutes were confirmed.

Motion to accept minutes, moved by Leisha Aberle and seconded by Sue Dimitrijevic.

4. Business arising from previous minutes

No business arising.

5. General and Other Business

5.1 Cyril Jackson Senior College Breakfast Workshop and Health Festival 19/5/21

Sue Dimitrijevic provided feedback on the workshop she presented with Sharelle Tulloh from Department of Health. Workshop covered the topic of sexual health and consent education, particularly relevant to those working in the school setting. Attendance was strong with 55 people present. Event helped create awareness of the issues about how the topic was portrayed in the media. Audience was provided a baseline of facts and misconceptions in relation to information presented by the media and other spokespeople/organisations. Feedback was strong and proactive. Leisha thanked Sue, Sharelle, Deb Fitzsimons, Cath McDougal and the Executive Committee members who helped organise and contribute to such a great event. Very positive feedback about the event, facilitators and the association has been received through emails. The CJ Health Festival provided a valuable forum for members to discuss this important topic and attracted new opportunities for stakeholders working with schools to engage with WAHPSA. An article about the event is available to view on the [website](#).

5.2 WAHPSA End of Year (EOY) Networking Breakfast

Leisha outlined the annual EOY breakfast event would be occurring again Friday 5 November (further details will be available on [meetings tab](#) of website). This has become a popular networking event with members involving keynote speakers discussing a key topic followed by a panel discussion. Take a look at the [events tab](#) on our website to see how this event has run previously. The association values hearing members ideas for topics most relevant to their work and would encourage members to share any ideas of a topic or keynote speakers the Association could contact (please email wahpsa@gmail.com) with your input. A request for ideas for an event theme and keynote speakers will be featured in the next e-news.

5.3 Online Consultation: Australian Curriculum and Assessment Reporting Agency (ACARA)

Sue Dimitrijevic and Sharelle Tulloh attended three different consultation groups organised by SCSA (School Curriculum and Standards Association) to provide feedback on the proposed ACARA (Australian Curriculum, Assessment and Reporting Authority) changes. They have provided specific feedback about Relationships and Sexuality Education and Respectful Relationships Education to SCSA which will be collated with all the other feedback from more than 70 consultations around the state and sent to ACARA. In her role as a Health Education Consultant Sue submitted feedback to SCSA. [Online feedback to ACARA](#) is due by 8 July. Sue offered to prepare a response on behalf of WAHPSA and Leisha indicated WAHPSA would be happy to support this.

ACTION/S: Sue Dimitrijevic to prepare response on behalf of WAHPSA. WAHPSA to review prior to Thursday 8 July deadline.

5.4 Online Consultation: Department of Health - Whole of School Nutrition Program

Members of the Executive Committee prepared and submitted a response to the invitation on behalf of the Association.

6. Executive Report (P/VP/T/S)

6.1 2021 Operational Plan

Leisha reported continued planning and refinement of 2021 Operational Plan, following the Association's new [Strategic Plan 2022-2023](#).

6.2 Executive Committee handover period

Leisha explained there have been several role changes in 2021 for those people holding Executive Committee positions. As a group the committee is transitioning through a handover period and clarifying roles and responsibilities. Leisha highlighted everyone on the committee acts in a volunteer capacity in addition to their full time roles and asked everyone to be mindful of this transition period. Leisha apologised in advance if our responses are somewhat delayed however please don't hesitate to make contact, the committee will do their best to respond as quickly as they can.

6.3 2021 membership payments

Noelene is in the process of reviewing membership invoices issued in March by previous Treasurer Sally Blane that have not been paid. If you are a member agency and your contact details have changed, please get in contact (wahpsa@gmail.com) to let us know. This helps the Treasurer reach the relevant contact promptly when we are following up outstanding membership invoices.

Welcome to our new financial member: Better Health Company.

7. Member guest presentation - Regina Cruickshank (Yogazeit)

Mindfulness and Movement

The agency utilises 40 volunteers and contractors to train school staff to embrace mindfulness and movement to help create and promote mentally healthy classrooms. The program provides mindfulness outcomes of self-awareness and self-regulation. Yoga Time pilot program receives contribution funding for regional programs from Healthway. Regina noted Beaconsfield Primary School include Yoga Time each morning which is being evaluated by Murdoch University. A range of training is provided by the agency and will include a 'just breathe' PD at ECU Mt Lawley with lecturer Julie Bayer on 24 July.

The President thanked Regina for the informative and practical presentation and noted the presentation slides would be on the website on the [meetings page](#).

8. Organisational updates

No feedback was provided. Agencies were asked to forward any updates or content for the next e-news to wahpsa@gmail.com by COB Thursday 29 July.

9. Meeting closed at: 5.30pm

Next General Meeting:

Tuesday 17 August at 4-5pm.

Venue: Suite 29, Crossways Shopping Centre (upstairs), Corner Rokeby Road and Bagot Road, Subiaco

Zoom: Link will be available on the [meetings tab](#) of the website.