



Minutes of the General Meeting

Date: Wednesday 24th February 2021
Time: 4:00pm-5:00pm
Venue: Online via Zoom
Chairperson: Leisha Aberle
Minute Secretary: Noelene Swain

Meeting opened at 4:12pm

1. Welcome and apologies

Present:

Office Bearers:

President	Leisha Aberle
Vice President	Amanda Ferguson - WA School Canteen Association
Treasurer	Sally Blane - Cancer Council WA
Secretary	Noelene Swain - Fresh Finesse
Committee Member	Carine Rollands - Mentally Healthy WA
Committee Member	Jill Darby - ECU
Committee Member	Va Bola - DOH (CAHS)

Members:

Sue Dimitrijevic - Sue Dimitrijevic Consultancy, Ruth Wallace - ECU, Andy Preiato - Helping Minds and Gemma West - Foodbank WA.

Apologies:

Reearna Morgan - Foodbank WA, Sharelle Tulloh - Department of Health: SHBBVP, Tanya Maxsted - Epilepsy WA, Felicity Roux - Curtin University and Mikala Atkinson - Cancer Council WA.

2. Confirmation of minutes

General Meeting held 13th August 2020. Leisha moved the motion to accept the minutes, Sally Blane accepted and Jill Darby seconded.

3. Business arising

Leisha noted no business arising.

4. General and Other Business

4.1. 2021 Meeting update and guest speakers

Meeting dates are on the website and updated through the year with guest speaker details. Meetings will be offered via Zoom in addition to in person attendance.

Meetings will include guest speakers on issues, projects or research of relevance and of interest to members.

AGM 24 March 2021 - following the AGM our guest speaker for the General Meeting will be David Paddon - Department of Transport presenting an outline of the YOUR MOVE schools program and its focus for 2021.

Cyril Jackson Health Expo 26 May 2021 - WAPSA will hold a breakfast meeting prior to health expo with guest speakers as per previous years. Proposed hot topic theme: How to engage adolescents / secondary schools in key health issues. General discussion ensued on current media hot topic of 'consent' and recent article by Jacqueline Hendricks featured in The Conversation: <https://theconversation.com/not-as-simple-as-no-means-no-what-young-people-need-to-know-about-consent-155736>

4.2. Membership Invoice Reminder

Sally Blane advised membership invoices will be distributed prior to AGM. Please check correct membership details and advise of any organisational contact changes by sending updates to wahpsa@gmail.com

5. Executive Report (President - Leisha Aberle)

5.1. Strategic Plan 2021-2023

The Executive Committee held a Strategic Planning workshop on 16 October 2020 to review the previous plan (2018 - 2020) and set new priorities for 2021-23. The workshop was expertly facilitated by Del McGuinness and resulted in development of a succinct summary of the direction for the organisation. The Strategic Plan 2021-2023 document will be presented to the membership for

endorsement at the next general meeting. If members would like to know more about this process please email the President at wahpsa@gmail.com.

5.2. Operational Plan 2021

The draft strategic priorities arising from the Strategic Plan workshop were then used to guide a second workshop for the development of the Operational Plan 2021, also facilitated by Del McGuiness. Further work to complete the Operational Plan is required and will be finalised post AGM between April and June.

6. Organisation updates

Members were invited to briefly outline current activities planned for their organisation in 2021.

1. *What is your organisation's key focus for 2021?*
2. *What are you excited about achieving in school health?*
3. *By December 2021 we hope to have.....*

Carine Rowlands (Mentally Healthy WA - Curtin): Scoping mental health promotion programs. Progressing work on partnering with schools. Mail out to all primary and secondary schools to consider partnering. A big priority for this year is to increase number of partner schools along with implementing the program, as funding is only to 2022. Broader campaign was re-launched in Oct 2020. In process of relaunching school resources and website. Evaluation of other accredited programs. Health Promotion and teacher trained so aims to develop resources.

Gemma West (Foodbank WA) - aims to stop hunger and improve access to healthy food for all by improving food literacy amongst groups in the community. Focus for 2021 will include continuation of Food Sensations programs for Schools, Parents and Adults. The Pilbara team have been conducting an extensive literature review to investigate the use of alternative delivery mediums (other than in person) to deliver nutrition education and cooking to remote communities. Research to date has revealed there is a large gap in the area of using technology to deliver nutrition education, presenting an opportunity for the team to explore this further.

Andy Preiato (Helping Minds) - Runs Mental first aid for free. Goes into school presenting options dealing with mental health. Implements Living Library - during mental health week - shares stories of recovery from mental health issues.

Va Bola (CAHS): Involved with roll out of covid vaccine program. Nurses involved with roll out in metro area. Rolling out of health promotion in schools workshops in 2020 and evaluation in process. Plan to run more in 2021. Focus on health promotion in schools using the tool kit of templates and checklists. Working on healthy eating/ physical activity and BMI, partnering with other agencies. Aim to work smarter in 2021- incorporating regional health teams. Plans need to be approved so will continue to evolve.

Sue Dimitrijevic (Sue Dimitrijevic Consultancy): Private education consultant. Covid restricted work in 2020. Sue edits and proofs documents for Health Dept and WASCA along with resource writing. Works mainly in respectful relationships and sexual health. By end of 2021 aim to engage grandkids primary school in respectful relationship education.

Amanda Ferguson (WASCA): Focus for 2021 will be to continue to work with secondary schools. Particularly keen to link to regional areas. Survey has just gone to schools through the George Institute for Global health (work with Simone Pettigrew). Results will determine future initiatives for next 18 months. By end of year hope to have developed resources requested by schools. Aiming high to achieve these outputs.

Noelene Swain (Fresh Finesse): Focus is to provide a conduit between locally produced fresh produce and communities receptive to healthy fresh messages - including schools, community festivals, retail etc. Currently advocating involvement through school health expos, crunch and sip etc.

Sally Blane (Cancer Council WA): Key focus is to stop cancer. Focus on lobbying next state government - primarily relating to skin cancer, policy in particular. Parents unhappy with practices in schools and so will prioritise lobbying and policy development. Key will be to influence priorities. Small team but with some new appointments will be able to focus on secondary school sun protection. By December hope to have change in policy at Dept of Ed and Dept of Planning to improve level of shade in education and community facilities. Has reviewed public policies to include alcohol and other issues.

7. Leisha thanked all members for attending.

Meeting closed at 5.05pm.

8. Next General Meeting: 24.3.21

AGM: 10:30 - 11:00am

General: 11:00 - 12:00pm

Venue: Albert Facey House, Meeting Pods 1 and 2, Forest Place, Perth CBD

Zoom link: visit wahpsa website

Guest Presenter: David Paddon - Your Move Schools Program (Dept of Transport)