



# Health Promotion in Schools – Community Health

WAHPSA meeting  
27 June 2019



# What are we speaking about today?

- Update on the school health review
- Update on the *Health Promotion in Schools* workshops
- Questions and discussion



# WA school health services



Early  
detection



Health  
promotion



Specialist  
health  
expertise



# Your experience of working with Community Health Nurses

[cahs.health.wa.gov.au](http://cahs.health.wa.gov.au)

Compassion

Collaboration

Equity

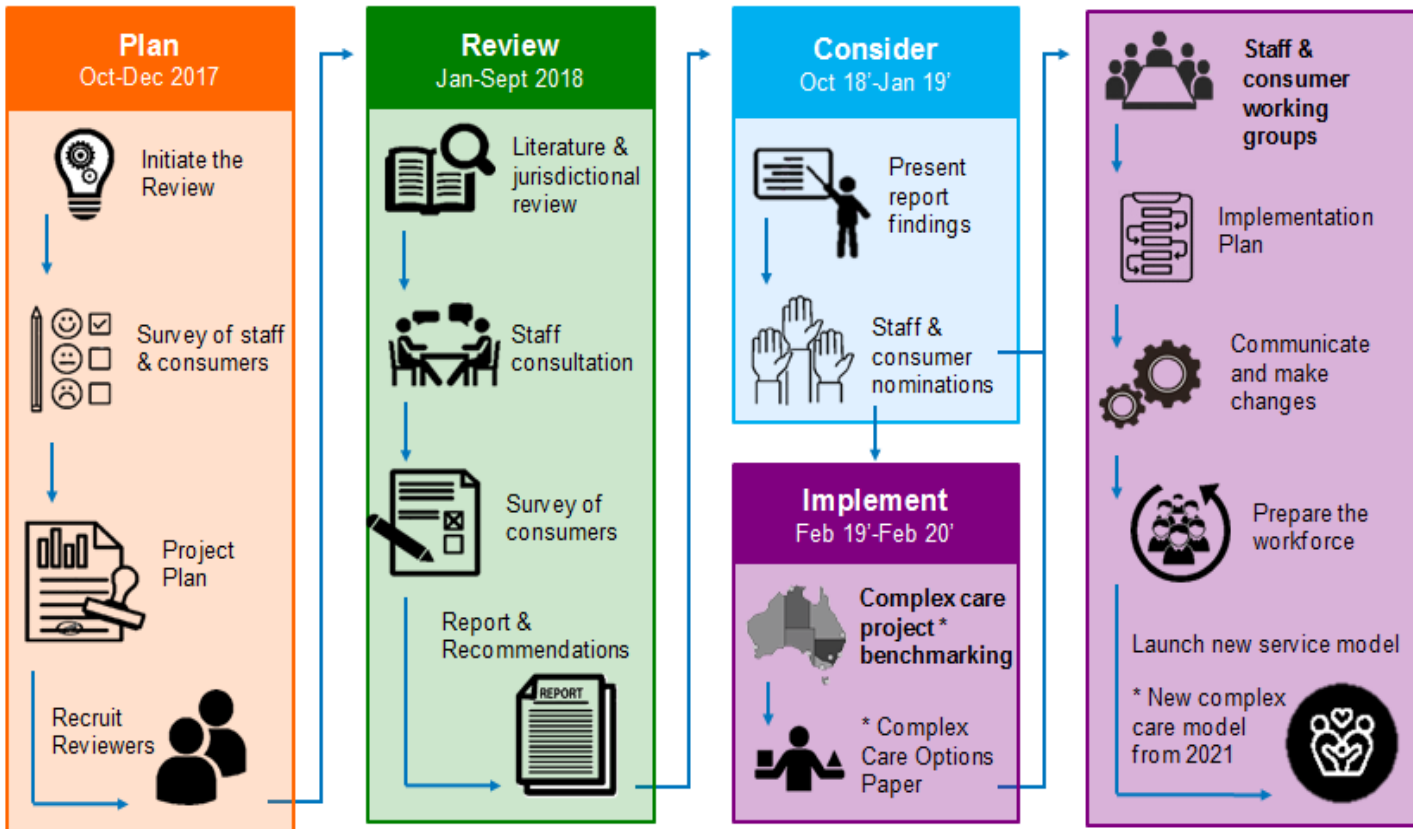
Respect

Excellence

Accountability



# Overview



# Review findings – nine conclusions



# Conclusion One

One

Service  
principles

Community health services for school-aged children, young people and their families are based on the principles of **primary prevention** and should be **universally accessible**, but with **enhanced access** for **those requiring a greater level of support**.

They form an **essential part** of the health system and **play a key role** in addressing **improved health outcomes**.



# Proposed work streams

## Commence February 2020

1. Service framework and outcome measures
2. Role of the community health nurse in school-aged health
3. Resource allocation
4. Promoting the service and the nurse

## Commence July 2020

5. Delivery of services outside of school sites
6. Supporting key transition points

## Commence February 2021

7. Supporting vulnerable children and young people
8. Integrated systems





# Health Promotion in Schools Workshops

- Identified need from a survey conducted in May 2018
- Aim is to build the capacity of CHNs working in schools to use the Health Promoting Schools Framework (HPSF), and work collaboratively with students, staff, parents & agencies to promote health and wellbeing



# Health Promotion in Schools Workshops

## Key Strategies

- Consultation with key internal and external stakeholders
- Development of the workshop content and package (primary and secondary)
- Promotion of workshops through the Nursing News
- Follow up with CHNs who attended the workshops
- Completed 6 workshops to date (3 primary & 3 secondary) and with a total 122 nurses attended these workshops



# Evaluation comments

- Each workshop is evaluated – we have positive feedback for all of the sessions and for external presenters
- “Excellent training day. Very informative with lots of guidance in how to access further resources and information”*
- “Great presenters all day!”*
- “Very good training, very informative”*
- “Well paced and friendly”*
- “Hearing about the extra resources was very helpful”*
- “Group work and networking with other colleagues”*
- “Best PD day I have attended”*



# Quality improvement project

- A 'sub-project'
- Development of four draft tools
- Tools used in the workshop
- A pilot group of 20 nurses
- Project period – Feb to Nov 2019



# Challenges and opportunities

## Challenges

- Difficult concept to describe (to nurses and education staff)
- Competing with clinical role
- Difference between health education and health promotion

## Opportunities

- School Health Reform – reinforce role of nurse in health promotion
- To communicate with nursing staff – Nursing News
- Health Promotion Team - Link between organisations and nursing staff



# Next steps

- Next workshop will possibly be at the end of 2019
- Focus on following up nurses who have attended workshop
- Workshop project evaluation – due for completion in October 2019
- Involved in the planning for implementation of school health review
- Future role of nurse in health promotion... watch this space



# Questions/comments

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# Contact

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