



Curtin University

ANIMAL FUN

Improving children's motor skills and social skills 30.10.2015



Rationale:

Why did we develop Animal Fun?

- Research links motor skill development with academic achievement, language development and behaviour.
- Health Concerns
- Impact of poor motor abilities on children's mental health

Our research: Is Animal Fun Effective?

- 3 Year Randomised Controlled Trial – 500+ children aged 4-6 years
- Analysis showed that children in the interventions groups showed:
 - Significant improvement in motor skills
 - Significant improvement in social skills
 - Significant decrease in inattentive behaviours

What is Animal Fun?

- A program to improve the motor skills and social skills of young children aged 3-6 years
- Evidenced based
- Non-competitive
- Fun and engaging for children
- Easy to administer
- Involves parents as partners
- Is inclusive of all ability levels