

Supporting Student Health

www.wahpsa.org.au

# Minutes of the General Meeting

Date: Wednesday, 10 June 2015

Time: 3.30pm - 4.30pm

Venue: Curtin Research Health Campus

10 Selby Street, Shenton Park

Chairperson: Miranda Chester
Minute Secretary: Michelle McIntosh

Meeting opened at 3:30pm

## 1. Welcome and Apologies

Chair welcomed members and office bearers.

#### Present:

Office Bearers:

Vice President: Miranda Chester (Foodbank WA)
Treasurer: Phoebe Joyce (Curtin University)
Committee Members: Leisha Aberle (Foodbank WA)
Executive Officer: Michelle McIntosh (WASCA)

#### Members:

Megan Neeson (WASCA)
Stella Chan (Continence Advisory Service)
Aisling Dempsey (Sports Medicine Australia)

#### Guest:

Sue McLennan (Headwest)

Apologies: Sally Blane (Cancer Council WA), Jessica Richards (Kidsafe WA), Jill Darby (Edith Cowan University), Christine Halton (Child & Adolescent Community Health, WAHSP), Sue Dimitrijevich, Sexual & Reproductive Health WA, Suzi Barnes (Mt Lawley SHS)

## 2. Acceptance of Previous Minutes

#### 2.1. There were no action items from previous minutes

Motion to accept the Minutes of the General Meeting held on Thursday 7 May by Phoebe Joyce and seconded by Miranda Chester.

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### 3. Executive Report

Miranda Chester tabled the Executive report.

### 3.1. Meeting venues

- New venue for each meeting CCWA preferred choice if available.
- Groups discussed option of different times to encourage more members to attend e.g. mid morning to avoid traffic congestion
- SMA has boardroom opposite to Lords no charge, parking available
- FBWA also an option if members are prepared to travel the distance

Action: Michelle Mc to check with Sally re: availability of CCWA seminar room Leisha to check availability of FBWA meeting room for 12 August 2015

#### 3.2. NEW WAHPSA website

- 6 health areas Please check that your agencies programs have been included and forward any details.
- Please all have a look at new website and provide feedback or suggestions to info@wahpsa.org.au

#### 3.3. WA Healthy Schools Forum

- Approx 89 nurses & teachers attended
- Great feedback overall
- Feedback collated and full report completed for Healthy Schools Project.
- Chrissy to feed back at next meeting.
- MN suggested WAHPSA send out survey monkey to all exhibitors to determine the value of the forum to their organisations
- Leisha happy to develop if WAHPSA has a survey monkey login check with SB when she returns from leave

Action: Michelle Mc to check if WAHPSA has survey monkey account with Sally.

Leisha to design survey for exhibitors.

Sally to forward to exhibitors to complete.

### 4. Guest Presentation

Sue McLennan, Education and Marketing Coordinator, Headwest presented information on Headwest's Traumatic Brain Injury Awareness Program. A copy of her presentation will be available on the WAHPSA website.

# 5. Next Meeting

- Wednesday 12 August 2015
- Venue and time TBA in next E-news
- Guest speaker Marcelle Coakley, SAKGF

Meeting closed at 4:30pm by Miranda Chester

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## 6. Organisation Updates



## Mentally Healthy WA - Act Belong Commit

- Two new schools, Karratha and Wickham PS, joined up to become Mentally Healthy Schools
- Currently 24 schools have adopted Act Belong Program in their schools
- Applied for Telethon research grant to evaluate project evidence based. Evaluation officer at Curtin will be recruiting schools to participate.



## Continence Advisory Service – Pebbles Program

- Received quite a bit of interest from Healthy Schools Forum
- · Offering teacher training
- World Continence Week, late July.
- Seminar for carers for parents with disability to be held at the Bendat Centre, Wembly.



## School Breakfast Program (SBP)

- Currently 415 schools goal is 430 for 2015.
- 2015 School Breakfast Program Connect!
  - Thursday 9th July, 10am 3pm
  - Foodbank tour, networking, the launch of new SBP recipes,
     Superhero Foods and resources
  - More information, contact Miranda Chester on 9463 3213 or email miranda.chester@foodbankwa.org.au
- 2015 marks 15 years of SBP and 21 years of FB.

## **Regional Strategy**

- 2 more Pilbara trips planned this year
  - Kimberly trip next week Christal, Nicole and FBWA CEO Greg Hebble. Partnering with CCWA Regional Education Officer.
  - In August, heading back the Pilbara Port Hedland PS, Cassia PS, Baler PS and Yandeyarra Remote Community School.



## **WA School Canteen Association (WASCA)**

Canteen Conference and Healthy Choices Food Expo

- "On the bright track"
- New special discount rate for health professional to attend just the morning breakfast and plenary session
- Registration brochure downloaded at www.waschoolcanteens.org.au
- Keynote Rosemary Stanton
- Lots of food companies, cooking demos, speed networking, workshops
- Cooking demo from Cyril Jackson, 5000 meals program, Woodvale Secondary College



- Provides Safer schools workshops, injury, nutrition, drugs in sport, first aid
- Grant from DSR high schools, illicit drugs in sport and performing enhancing
- Coolbinia JFC football for kids with disabilities, Hero club
- Fuelled for Fun nutrition for primary schools

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