



## Minutes of the General Meeting

Date: Thursday 13<sup>th</sup> August 2020  
Time: 9:00am-10:30am  
Venue: Cancer Council WA - Seminar Room, 15 Bedbrook Place, Shenton Park 6008 and online via Zoom

Chairperson: Leisha Aberle  
Minute Secretary: Noelene Swain

Meeting opened at 9:05am

### 1. Welcome and apologies

Present:

Office Bearers:

President	Leisha Aberle - Foodbank WA
Vice President	Amanda Ferguson - WA School Canteen Association
Treasurer	Sally Blane - Cancer Council WA
Secretary	Noelene Swain - Fresh Finesse
Committee Member	Mikala Atkinson - Cancer Council WA
Committee Member	Phoebe Joyce - Mentally Healthy WA
Committee Member	Jill Darby - ECU (via Zoom)
Committee Member	Va Bola - DOH (CAHS) (via Zoom)

### Members:

Lauren Buckels - Epilepsy WA  
Felicity Roux - Curtin University  
Sue Dimitrijevic - Sue Dimitrijevic Consultancy  
Regina Cruickshank - Yogazeit  
Tanya Maxsted - Epilepsy WA (via Zoom)

### Apologies:

Reearna Morgan - Foodbank WA  
Ruth Wallace - ECU  
Jodie Harris - Life Education  
Sue McLaren - Animal Fun  
Sharelle Tulloh - Department of Health: SHBBVP  
Anita Tsvetkov - Kidsafe WA

## **2. Confirmation of minutes**

General Meeting held 17<sup>th</sup> June 2020. Minutes were confirmed. Leisha moved the motion to accept the minutes, Regina Cruickshank and Sue Dimitrijevic seconded.

## **3. Business arising**

Leisha noted no business arising.

## **4. Guest Presentation**

### ***Epilepsy WA***

Lauren Buckels from Epilepsy WA presented an outline of the services they provide with a focus on how they support both staff and students at school. Topics included:

- Facts about epilepsy. Epilepsy is far more common than many people realise and the impacts on the individual, the school and the family can be profound.
- The Epilepsy Smart Schools initiative
- How EWA training can support teachers and students
- Care Plans and Resources - why up-to-date information is vital
- Access to Lauren's powerpoint is available on the WAHPSA website see [here](#)

## **5. Executive Report (President - Leisha Aberle)**

### **5.1. Strategic Planning**

The current WAHPSA strategic plan 2018 - 2020 will be reviewed at the end of 2020. The Executive Committee will be holding a Strategic Planning workshop

on 16 October 2020 (9am to 1pm at Fresh Finesse, Suite 29, Crossways Centre cnr Rokeby Rd and Bagot Rd, Subiaco) to review the current plan and set new priorities for beyond 2020. Del McGuiness has been appointed as the facilitator once again.

If members would like to know more about this process or be involved, please email the President at [wahpsa@gmail.com](mailto:wahpsa@gmail.com). The current Strategic Plan (2018-2020) is available for members to view and download on the WAHPSA website, see [here](#).

## 5.2. End of Year Networking Breakfast event

The WAHPSA end of year networking breakfast event will be held on 6 November 2020. The executive committee is currently working on a theme, appropriate venue and guest speaker/s. Details will be advised in due course on the wahpsa website under the events [tab](#). Members are most welcome to contact [wahpsa@gmail.com](mailto:wahpsa@gmail.com) if you have any ideas to contribute.

## 5.3. 2021 Meeting Dates

Action: LA will set WAHPSA 2021 meeting dates, once set these will be available [here](#)

## 6. Executive Report (Treasurer - Sally Blane)

### 6.1. Website update

SB reported that WAHPSA website has been upgraded to https format for improved security. A few minor issues are still being attended to.

### 6.2. Incorporations act

SB reported WAHPSA's Annual Information Statement has been submitted via Associations Online to Consumer Protection within the required time frame.

## 7. General Business & Organisation updates

Members were invited to briefly outline current activities of their organisation.

**Regina Cruickshank (Yogazeit).** All programs are now back in schools including yoga and mindfulness activities for children. There has been an increased awareness of the need for breathing, mindfulness and mental health in the post covid environment.

**Mikala Atkinson (Cancer Council WA):** "Packed with Goodness" training sessions aimed at kindy parents are now back in schools. These are available via face to face and zoom.

**Amanda Ferguson (WASCA):** Have continued to work in schools assisting canteens. Traffic Light training is available on line and free access to Food Safety Training has been strongly supported through covid restrictions.

**Noelene Swain (Fresh Finesse):** Currently reviewing involvement through Perth Royal Show. It is expected apple industry will support primary schools with supply of fresh apples in September.

**Felicity Roux (Curtin University):** Ovulatory and Menstrual Health literacy program is being developed aimed at Year 9-10 students. (“My Vital Cycles”) Research has recently won awards for the program. Curtin has agreed to provide funding to implement the program into schools. Exciting evolution ahead however response from schools has been a challenge.

**Sue Dimitrijevic (Sue Dimitrijevic Consultancy):** Sue provided update on behalf of Sharelle Tulloh (SHBBVP) - Health Promoting Schools audit tool now has Relationships and Counselling component added. Sharelle to email tool to WAHPSA Executive shortly. Talk Soon Talk Often [handbook](#) is available online as a pdf document from the Health Department, hard copies are also available to order.

**Lauren Buckels (Epilepsy WA):** There has been a strong demand for training in schools. Tanya Maxsted has joined the team working on the Epilepsy Smart Schools Program. The Epilepsy Smart Schools Program was already set up to support schools online as they deliver to regional schools that way.

**Tanya Maxsted (Epilepsy WA):** Tanya’s previous role involved working in corporate communications and she is now looking forward to working on the Epilepsy Smart Schools Program. Tanya has been collaborating with contacts in schools to raise awareness and establish fundraising activities.

**Leisha Aberle (Foodbank WA):** Travel to the Pilbara region for program delivery of the schools, youth and parents programs has recommenced. There will be 4 trips between now and November supporting communities. The *Food Sensations*® for Schools metropolitan delivery is back in full swing. A review of program implementation has helped inform specific strategies to pilot with schools, positive results thus far which will help inform future program improvements. Delivery of the program in regional schools is underway with the team currently in the Great Southern region. *Food Sensations*® for Adults and *Food Sensations*® for Parents of 0-5 programs continue to deliver programs online, however face to face delivery has been the preferred delivery style with delivery and engagement returning to levels evident pre-covid.

Foodbank’s Community Kitchen recently clocked over 250,000 meals - a major milestone considering the kitchen has only been operating since April 2015. The kitchen sources food from the warehouse floor giving it a second life, which is then transformed into delicious ready made meals sold on the warehouse floor. This initiative has seen a reduction in waste from 11% down to 4%.

**Phoebe Joyce (Act Belong Commit):** Christina Pollard has recently joined the team with a strong research background and relationship with Curtin that is allowing a review of current programs. There was a strong uptake of Act Belong Commit programs during covid. Regional implementation is back in action.

**Sally Blane (Cancer Council WA):** Strong uptake of SunSmart program online training during covid restrictions which was pleasantly surprising given the pressure schools were under. Next focus will be on Out of Hours Care programs.

**Va Bola (CAHS):** Implementation of workshops for one high school and one primary school. They have also been doing mini presentations for clinical nurse managers regarding how they work with community nurses based in schools. Workshops were very well received.

**8. Leisha thanked all members for attending.**

Meeting closed at 10.30am.

**Next General Meeting:**

See you all in 2021!