



WA HEALTH PROMOTING
SCHOOLS ASSOCIATION (INC.)

Supporting Student Health

www.wahpsa.org.au

Minutes of the General Meeting

Date: Wednesday 22nd March, 2017
Time: 3.30pm - 4.30pm
Venue: Foodbank WA
23 Abbott Rd, Perth Airport

Chairperson: Sally Blane
Minute Secretary: Scarlett Duncan

Meeting opened at 3.30pm

1. Welcome and Apologies

Chair welcomed members and office bearers.

Present:

Office Bearers:

President:	Sally Blane	(Cancer Council WA)
Vice President:	Leisha Aberle	(Foodbank WA)
Treasurer:	Phoebe Joyce	(Mentally Healthy WA)
Secretary:	Amanda Ferguson	(WA School Canteen Association)
Committee Members:	Jill Darby	(Edith Cowan University)
	Jessica McKenna	(Kidsafe WA)
	Miranda Chester	(Foodbank WA)
	Marcelle Coakley	(Stephanie Alexander Kitchen Garden Foundation)
Executive Officer:	Scarlett Duncan	(Mentally Healthy WA)

Attending/Members:

Anita S (Kidsafe WA)
Margaret MacFie (CACH)
Lindsey Cartwright (SNIPHU)
Stephanie Godrich (ECU)
Gynes Weymouth (Parents and friends fed of WA)
Gael Myers (Cancer Council WA)
Taryn Houghton (Helping Minds)

Genevieve Stawarz (Foodbank WA)
Louise Thorne (Foodbank WA)
Amber Rose (Foodbank WA)
Darci Miller (Mentally Healthy WA)

Apologies:

Sue Dimitrijevic (SHQ)
Sharelle Tulloh (SHQ)
Suzi Barnes (Mount Lawley SHS)
Megan Neeson (WA School Canteen Association)
Ruth Wallace (ECU)
Jess McKenna (Kidsafe WA)

1. Acceptance of Previous Minutes

1. Motion to accept the Minutes of the General Meeting/Networking Breakfast held on Wednesday 26th August 2016 by Amanda Ferguson and seconded by Jill Darby.

2. Business arising from previous minutes (5min)

- 2.1. Endorsement given to Jill Darby to pass onto Ruth Wallace.
- 2.2. Play strategy - endorsement on behalf of WAHPSA by Sally Blane and Leisha Arberle.

3. General and other business (10 min)

3.1. Strategic Plan

Dependent on feedback from survey.

3.2. WAHPSA Survey

(Surveys have been emailed, are accessible on our website and hard copies available - handed out today, and to be handed out at the next meeting).

- 5minutes dedicated to allow people to complete surveys
- The findings will be distributed once all surveys are collected and collated.

4. Executive/Presidents report (10 min)

- 4.1. As of the next meeting on the 10th May at Cyril Jackson Senior Campus, Leisha Arberle will be President, and Sally Blane will be Vice President.
- 4.2. WAHPSA are altering the format of General Meetings, introducing a 'hot topic' discussion topic/question
- 4.3. Members are now required to email Scarlett their events and member updates prior to the meeting at info@wahpsa.com.au.
 - Scarlett will collate updates onto a document ready to be distributed to other attending members at the meeting, agency updates can also be placed on the website upon request (Financial Members only).

5. Guest Presentation (15 min)

5.1 Stephanie Godrich, summary below:

Stephanie examined whether food security (FS) determinants (things like food availability, household finances, nutrition knowledge etc.) significantly predicted adequate vegetable consumption among regional and remote WA children.

After testing individual associations between each FS determinant, the factors that met inclusion criteria were entered into full multivariable logistic regression analyses. After accounting for socio-demographic factors that are known to influence vegetable consumption among children (such as child age, socio-economic status etc.), the FS determinants that significantly predicted adequate vegetable consumption were: variety of vegetable types consumed (i.e. Fresh, frozen, tinned, dried, juice); caregiver recall of a health message relating to vegetables (i.e. Go for 2&5); location of outlets (belief that there were enough food outlets in their community); and price (belief that healthy food did not cost more in their community compared to other communities).

Recommendations include advocating to food outlet managers to stock and promote a range of vegetable types through point-of-purchase and interactive methods and health practitioners promoting consumption of a range of vegetable types (such as fresh, frozen and reduced salt tinned options); reinstatement of a specific action-based vegetable message campaign (such as Go for 2&5); Local Government Authorities ensuring a number of opportunities exist in towns for families to source vegetables (i.e. healthy food outlets, community gardens etc.); and increasing reliance on a local food supply/shorter food chains to reduce cost. For further information, please see the full publication: Godrich, S.L., Lo, J., Davies, C.R., Darby, J., Devine, A. (2017). Which food security determinants predict adequate vegetable consumption among rural Western Australian children? *International Journal of Environmental Research and Public Health*. 14 (40), pp 1-15. doi:10.3390/ijerph14010040.

5.2 Stephanie Godrich Seeking infographic feedback

- Stephanie is seeking feedback on her infographics (terminology/ language/ useful etc).
 - Please email Stephanie at stephaniegodrich@outlook.com who will be in touch with you in regard to seeking feedback.
 - When Stephanie's infographics are finalised, WAHPSA will share them on the WAHPSA website.

5.3 Stephanie Godrich is offering FREE presentations for agencies.

- Presentations/ mini workshops can be arranged with agencies and tailored to be relevant to your agency. Space for conversation, and discussion on how they can apply the findings to their agency. Contact stephaniegodrich@outlook.com for more information.

6. Other business

6.1. Cyril Jackson Senior Campus Health Festival

- Have registration forms printed and ready to hand out to all agency stalls.
- Amanda Furguson is updating the membership form into a 'non wordy' pamphlet.

6.2 Mandurah Schools Conference

6.3 Kelmscott SHS

- Scarlett placing Kelmscott information on the website.

Mandurah Schools Conference -

7. Organisational updates (10 min)

Reminder email sent out on Wednesday 29th March to those who selected agency update on the sign in sheet. No agencies updates were received.

8. Meeting Close (1 min)

9. Next meeting

Wednesday 10th May, 2017
8.15am - 9.15am
Cyril Jackson Senior Campus

Meeting Closed 4.15pm