



WA HEALTH PROMOTING  
SCHOOLS ASSOCIATION (INC.)

Supporting Student Health

[www.wahpsa.org.au](http://www.wahpsa.org.au)

## Minutes of the General Meeting

Date: Tuesday 26 March 2018  
Time: 10.00am - 10.45am  
Venue: Foodbank WA  
23 Abbott Road, Perth Airport  
Chairperson: Leisha Aberle (Foodbank)  
Minute Secretary: Amanda Ferguson (WASCA)

Meeting opened at 10.00am

### 1. Welcome and apologies

Present: as per attendance book  
Apologies: as per attendance book

### 2. Confirmation of minutes

General Meeting held 15 February 2018. Minutes were confirmed

Motion to accept minutes, moved by Leisha Aberle, seconded by Sally Blane. Carried.  
Motion No. GM 2018/01.

### 3. Business arising

No business arising

### 4. General and other business

- 4.1 New financial members: Leisha was pleased to acknowledge two new members: Cystic Fibrosis and EON Foundation. Their invoices will be sent after the AGM.

## **5. Presidents report**

- 5.1 Leisha encouraged everyone to continue to promote becoming members of the association through their networks. The use of the postcards to be printed in the coming weeks will help to facilitate this in the future.
- 5.2 Leisha distributed copies of the strategic and operation plans, these are to be finalised in the coming weeks and placed on the WAHPSA website.

Motion to accept the Presidents report, moved by Leisha Aberle, seconded by Shannon Wright. Carried. Motion No. GM 2018/02.

## **6. Treasurers report**

As per the AGM report

Motion to accept the Treasurers report, moved by Phoebe Joyce, seconded by Miranda Chester. Carried. Motion No. GM 2018/03.

## **7. General Business/ Organisation updates**

- 7.1 Sally provided information regarding the WAHPSA event to be held in conjunction with the Cyril Jackson Heath Festival.

A light breakfast will be provided on the morning followed by a 'Hot Topic' for discussion. Sally asked for topic suggestions.

Deb suggested transgender and sport as it ties in with Safe Schools and inclusive education.

Further discussion regarding topics at the next Executive Meeting.

- 7.2 Cyril Jackson: Deb Fitzsimons provided an over view of the Cyril Jackson Campus as well as the Health Festival being held on Wednesday May 16. She encouraged everyone in attendance to come along on the day either as an observer or to have an interactive stand. With over 500 students from diverse backgrounds, it is a great opportunity to stay on after the WAHPSA meeting in the morning. For those interested contact Deb for a registration form.

Deb also presented pieces of graphic art developed as part of a collaboration between the students and Headspace. If any other organisation is looking at developing a health message they can provide the students with a brief, the students then develop the concept with the best being awarded a prize. The small amount of funds needed for printing of the concepts is to be provided by the organisation.

- 7.2 ECU: Ruth Wallace continues to work on the SNACPlus program and developing the online nutrition education course.

- 7.3 ECU: Jill Darby, Refresd.ED is continuing with a focus on regenerative farming and broader engagement in the school community.

There are currently three courses running at ECU Bunbury, Nutrition, Health promotion and Occupational Health and Safety, this is encouraging and means those in regional areas have the same opportunities as students in the metro area.

- 7.4 Sue Dimitrijevic is currently available for all consultancy work
- 7.5 Department of Health: Sharelle Tulloh has recently taken up the role of Senior Policy Officer with the Sexual Health in Schools Program. Currently revisiting all online resources as well as updating the Talk Soon Talk Often booklet. They will be engaging with parents and teachers for feedback.
- 7.6 RAC: Taryn Fisher is carrying out road safety education in many regional areas with at least 12 schools in 2018, 'bstreetsmart' launches on April 5 2018.
- 7.7 Cancer Council: Shannon Wright working on Crunch n Sip and March Munch with over 8000 students within the program. The focus is on increasing the use of vegetables.

Current funding application for an extension of the program has been submitted and includes a parental education component.

- 7.8 Live Lighter: Gael Myers has taken over two maternity leave positions for the next 12 months.
- 7.9 EON: Sabrah Imtiaz, developing nutrition education plans to ensure they are culturally competent while still engaging in regional and remote communities.
- 7.10 Foodbank SBP: Miranda Chester, the program serviced 450 schools in 2017, this put extensive pressure on their resources so numbers will be capped at 435 in 2018.
- 7.11 WASCA: Amanda Ferguson, holding Food Forum and Heathy Choice Food Expo at Crown Perth July 11. This is a large-scale event similar to the conference held in the past at PCEC. Amanda distributed copies of the Autumn CanTeam newsletter featuring articles about teenagers eating habits, Foodbank article and Waste wise canteens.
- 7.12 Foodbank: Leisha Aberle, business as usual with plenty of trips planned or already completed.
- 7.13 Deb Fitzsimons congratulated the WAHPSA committee for all their hard work over the past 12 months.

Jill Darby agreed saying it was important that we continues to engage with schools and remain front of mind as many schools are still looking for a one stop shop.

Leisha pointed out that engaging with schools did form part of the strategic plan so this will continue to be a focus.

Deb said working with the schools Connect platform is a great way to do this.

Meeting closed at 11.00am and was followed by a Drumbeat demonstration by Grace Thusso from Holyoake.

Next General Meeting: TBC