



## Minutes of the General Meeting

Date: Monday, 21 March 2016  
Time: 3.30pm – 4.30pm  
Venue: Mentally Healthy WA, Curtin University  
10 Selby Street, Shenton Park  
Chairperson: Sally Blane  
Minute Secretary: Michelle McIntosh

Meeting opened at 3:30pm

### 1. Welcome and Apologies

Chair welcomed members and office bearers.

#### **Present:**

##### Office Bearers:

President: Sally Blane (Cancer Council WA)  
Vice President: Leisha Aberle (Foodbank WA)  
Treasurer: Phoebe Joyce (Curtin University)  
Committee Members: Miranda Chester (Foodbank WA)  
Jessica Richards (Kidsafe WA)  
Jill Darby (Edith Cowan University)  
Ashleigh Easthope (Helping Minds)  
Marcelle Coakley (Stephanie Alexander Kitchen Garden Foundation)  
Executive Officer: Michelle McIntosh (Foodbank WA)

##### Members:

Amanda Ferguson (WA School Canteen Association Inc.)  
Deb Fitzsimmons (Cyril Jackson SHS)  
Prue Lane (RAC)  
Carol-Ann Prinsloo (Transperth)

##### Apologies:

Suzi Barnes (Mt Lawley SHS)  
Agnes Weymouth (Parents & Friends Federation WA)  
Mary Rose Baker (WA Health)  
Jaqui Bruce (Nutrition Australia)  
Gael Myers (Cancer Council WA)  
Jacqui Lanarus (Stephanie Alexander Kitchen Garden Foundation)

## **2. Acceptance of Previous Minutes**

- 2.1. All action items from the previous meeting held on Wednesday 25 March 2016 have been actioned or are still progressing.

Motion to accept the Minutes of the General Meeting held on Wednesday 25 March 2016 by Ashleigh Easthope and seconded by Phoebe Joyce.

## **3. Executive Report**

Sally Blane tabled the Executive/Presidents report.

### **3.1. Next meeting**

General Meeting to be held Wednesday 11 May 2016. Details are at end of these minutes.

### **3.2. Audit**

Was not finalised in time for AGM, but will be uploaded to website once completed.

## **4. Guest Presentations**

### **4.1. Carol-Ann Prinsloo, Education Officer, Transperth**

- Perth Transport Authority – get the people of Perth where they want to go
- Get on Board – education program for schools and communities
- Key objective – to promote the safe use of public transport
- 3 main perspectives:
  - What do we offer – curriculum based resources, experiential programs, knowledge and skills for young people, partner and engage with contractors and front line staff to educate about Transperth
  - Main principles – increased awareness, encourages confident use, empowering with knowledge & skills, reduce congestion on roads, sense of ownership of public transport, participants become more responsible and considerate users of PT system, demonstrate positive behavior on public transport
  - Online, In-class, On-site
- Who – all groups with young students, people with disability and CALD groups
- Free for students – participants pay for transport
- More details, contact Carol-Ann on (08) 93263-9709 or [education@pta.wa.gov.au](mailto:education@pta.wa.gov.au)

### **4.2. Prue Lane, Community Education Officer, RAC**

- Child & Youth Membership
  - Little Legends – little legends
  - Road Ready
  - Free 2 go
  - Driver Enhancement Course
- Primary school in-class workshops
  - PP to Yr 6
  - Aligned to WA Curriculum
  - Free
- RAC bstreetsmart
- Resilient Driver's program (Yr 10-12)
  - WA curriculum aligned
- Keys for life (SDERA parent workshop)
- Partnerships
  - SDERA
  - Paraplegic Benefits Fund

- CycleWest
- Network Teach

For more information, contact the Community Education team on (08) 9436-4471 or [communityeducation@rac.com.au](mailto:communityeducation@rac.com.au)

A copy of their full presentation is available on the WAHPSA website.

## **5. WAHPSA Discussion – what do we do and where should we be heading.**

A small group discussion was conducted to determine what members felt about what WAHPSA does and where we should be heading in the future.

Results will be tabled at the next meeting or on the WAHPSA website.

## **6. Organisation Updates**






See Next page

## **7. Next Meeting**

- Wednesday 11 May 2016
- Cyril Jackson Senior Campus, 53 Reid Street, Bassendean
- Time changed to 10:30 – 11:30pm

Meeting closed at 4:30pm by Sally Blane

# Member updates

	<p><b>Mentally Healthy WA - Act Belong Commit - Phoebe Joyce</b></p> <ul style="list-style-type: none"> <li>No update provided</li> </ul>
	<p><b>Cancer Council WA – Sally Blane</b></p> <ul style="list-style-type: none"> <li>No update provided</li> </ul>
	<p><b>Cyril Jackson SHS – Deb Fitzsimons</b></p> <ul style="list-style-type: none"> <li>2016 Health Festival <ul style="list-style-type: none"> <li>Wednesday 11 May 2016, 10am – 1pm</li> <li>Registration forms available on the WAHPSA website</li> </ul> </li> </ul>
	<p><b>Edith Cowan University – Jill Darby</b></p> <ul style="list-style-type: none"> <li>No update provided.</li> </ul>
	<p><b>Food Sensations for Adults - The expansion of Foodbank WA's Healthy Food For All</b></p> <ul style="list-style-type: none"> <li>Foodbank WA has recently been awarded funding by the WA Department of Health for the enlargement of its specialised adult food literacy program, Food Sensations for adults.</li> <li>As with all of Foodbank WA's initiatives, this program prides itself on the strong evidence base utilised to create the eight lesson plan curriculum.</li> <li>Food Sensations for adults will continue to deliver food literacy education to low to middle income people wanting to improve their food literacy skills. This also includes a range of targeted groups, including men, prisoners and Aboriginal people.</li> <li>Professional training and support will be offered to WA Health staff and other approved health professionals to extend the reach of this program.</li> </ul> <p><b>Superhero Foods Headquarters</b></p> <ul style="list-style-type: none"> <li>The Superhero Foods Headquarters website was officially launched in March.</li> <li>The popularity of these characters has been the motivation for the creation of a range of new resources, such as curriculum linked lesson plans, collector cards, recipe books and posters.</li> <li>The website has been designed to facilitate access by enabling teachers and health professionals to order both digital and hard copies of all of the current materials online.</li> </ul> <p><b>Regional Strategy Team – Leisha Aberle</b></p> <ul style="list-style-type: none"> <li>Foodbank WA has made a commitment to greater delivery of food literacy programs in regional and remote areas, with more visits to communities outside of the metropolitan area planned.</li> <li>Additional visits will enable more frequent access to <i>Food Sensations</i> and the associated healthy eating messages.</li> <li><i>Fuel Your Future</i>, a cooking and food literacy program for adolescents, and a new <i>Food Sensations</i> for Parents of 0-5 year olds will also be introduced to the Pilbara region this year.</li> </ul>

	<b>HelpingMinds (formerly Arafmi) – Ashleigh Easthope</b> <ul style="list-style-type: none"> <li>• School holiday program - FREE Holiday Recreation Activities</li> <li>• 3 days 8-12yrs, 2 days 13-17yrs</li> <li>• More information is available on <a href="http://helpingminds.org.au">helpingminds.org.au</a></li> </ul>
	<b>Kidsafe WA – Jess Richards</b> <ul style="list-style-type: none"> <li>• No update provided</li> </ul>
	<b>RAC – Prue Lane</b> <ul style="list-style-type: none"> <li>• See presentation above in minutes</li> </ul>
	<b>Stephanie Alexander Kitchen Garden Foundation – Marcelle Coakley</b> <ul style="list-style-type: none"> <li>• No update provided</li> </ul>
	<b>Transperth – Carol-Ann Prinsloo</b> <ul style="list-style-type: none"> <li>• See presentation notes above.</li> </ul>
	<b>WA School Canteens Association Inc. (WASCA) – Amanda Ferguson</b> <ul style="list-style-type: none"> <li>• Currently have three ECU students in the WASCA office <ul style="list-style-type: none"> <li>- Masters in Dietetics: evaluating and reviewing StarCAP2 (canteen accreditation program)</li> <li>- Masters in Dietetics: reviewing current application of the National Healthy School Canteen Guidelines across Australia and making recommendations for its application to the FOCiS nutrient criteria</li> <li>- Nutrition Intern: working on a needs assessment of all online training and resources for canteens</li> </ul> </li> <li>• Updating WASCA website <ul style="list-style-type: none"> <li>- Parents section complete</li> <li>- Case Study section to be launched at the upcoming AGM at Pearsall Primary School.</li> </ul> </li> </ul>