



WA HEALTH PROMOTING
SCHOOLS ASSOCIATION (INC.)

Supporting Student Health

www.wahpsa.org.au

Minutes of the General Meeting

Date: Wednesday 2nd August 2017
Time: 3.30pm - 4.30pm
Venue: Cancer Council WA
15 Bedbrook Place, Shenton Park

Chairperson: Amanda Ferguson
Minute Secretary: Scarlett Duncan

Meeting opened at 3.30pm

1. Welcome and Apologies (1min)

President welcomed members and office bearers.

Present:

Office Bearers:

President:	Leisha Aberle	(Foodbank WA)
Vice President:	Sally Blane	(Cancer Council WA)
Treasurer:	Phoebe Joyce	(Mentally Healthy WA)
Secretary:	Amanda Ferguson	(WA School Canteen Association)
Committee Members:	Ruth Wallace	(Edith Cowan University)
	Miranda Chester	(Foodbank WA)
	Marcelle Coakley	(Stephanie Alexander Kitchen Garden Foundation)

Executive Officer: Scarlett Duncan (CERIPH)

Attending/Members:

Anita Stepan (Kidsafe WA), Agnes Weymouth (Parents and Friends Federation WA), Rebecca Stewart (Holyoake), Sharelle Tulloh (SHQ), Tarryn Fisher (RAC).

Apologies:

Maryrose Baker (WA Health), Suzi Barnes (Mt Lawley SHS), Marcelle Coakley (SAKF), Amy Murphy (Asthma WA), Ruth Wallace (ECU/ SNAC), Elena Lennox (Resilient People), Emma Jack (Your Move Schools).

1. Acceptance of Previous Minutes (1 min)

Motion to accept the Minutes of the General Meeting on 13th of June 2017 by Miranda Chester and seconded by Anita Stepan.

2. Business arising from previous minutes (5 min)

2.1 WAHPSA Survey results disseminated

Results of the survey will be available on the WAHPSA website shortly.

Survey participants feedback aligned with the WAHPSA executive committees perception of their strengths and weaknesses Interestingly, members indicated that WAHPSA could do more in the area of advocacy and responding to health issues.

In response to the demand for advocacy WAHPSA has introduced 'Hot Topics' and will continue to refer to agencies and their resources that can provide accurate information on that particular issue.

2.2

Hot topic/ Discussions/ Presentations will be included in a document on the meetings page and the news section of the WAHPSA website. Copies of the previous meetings summary will also be available at meetings.

Strategic planning

The executive committee will meet early November, dedicating time for strategic planning.

General committee attendees are invited to contribute, input from anyone who is passionate about strategic planning would be appreciated. Email wahpsa@gmail.com if you are interested in being involved.

3. General and other business (10 min)

3.1 WAHPSA Survey results and strategic planning (covered above)

4. Executive/Presidents report (10 min)

4.1 WAHSPA 2016 Membership Survey (addressed above)

4.2 Mandurah Schools Conference

Sally Blane and Leisha Aberle presented on behalf of WAHPSA at the Mandurah schools conference. Audience at the conference consisted of school staff, majority of whom had not heard of WAHPSA prior to the presentation.

The inaugural event engaged agencies, however there were reports of difficulty understanding the map, and agencies were spread out resulting in limited engagement. WAHPSA will provide constructive feedback, such as a designating time for attendees to visit and engage with agencies.

4.3 ACHPER State Conference

The state conference is on 27 - 29 November. Sally Blane and another WAHPSA representative will be presenting the same presentation from Mandurah Schools Conference but tailoring it to the target audience of secondary teachers.

4.4 Finances

Looking sustainable into 2018.

5. Hot Topic

Sally Blane & Leisha Aberle went over the presentation 'Tools for Schools: Communicating and using the Health Promoting Schools framework' used for the Mandurah Schools Conference which initiates conversation and shares some tools developed by WAHPSA members, including school health audits, policies and business plans that are aimed to support school health 'champions' in identifying and planning for health initiatives.

The presentation stimulated conversation and identified issues relative to staff and the school community:

- Encouraging teachers to think of the whole school approach, schools have good intentions yet struggle applying approaches on a larger scale.
- School staff health is a common theme presenting itself. Perhaps this is something for agencies to consider when working with schools.
- Interactive activities were conducted and teachers were provided with St Queensland Health documents.

Sharelle Tulloh from Sexual Health Queensland commented that the health curriculum is now mandated and should comprise of 2 hours of health and an additional 2 hours of Physical Education per week, which is reported on. Teachers are time limited and are likely to utilise agencies if they can provide good assessment tasks, saving teachers planning time, yet re-assuring them that they are aligned with the school curriculum.

The Health Promoting Schools framework: A Model for Health and Wellbeing is available on the WAHPSA website.

An idea suggested by Sharelle Tulloh for the committee to consider is designing a quality assessment task that aligns with the curriculum and teachers will likely embrace it as it saves them planning time.

- SB to enquire the copy rights of the documents, possibly modify a WAHPSA version to share via the WAHPSA website.
- Suggestions are welcome to add to the Health Promoting Schools Framework, a model for health and wellbeing.
- WASCA can include health audit tool in hand out at ACHPER Conference

Attendee input:

- Parents and Friends Federation predict that champion parents will respond enthusiastically to the school health audit.
- SHQ recommend encouraging schools to use the audit tool in term 4, this is when schools do their planning for the year ahead and can assist them identify priority areas.
- If your agency would like to add, provide or contribute content to the audit tool then please send through recommendations to wahpsa@gmail.com
- Schools can also use it to celebrate at what they are doing well!

6. Organisational updates and networking

6.1 Organisational updates can be sent to Scarlett at wahpsa@gmail.com
We encourage all members to update us on their programs and send through any new information they would like added to the website and e-news.

Anita Stepan, Kidsafe WA

New resources on poison safety are to be released soon, they are also linked to the WA school curriculum.

Holyoake

Workshops covering the topic of methamphetamines will soon be delivered to schools. Contact Rebecca for further information or see WAHPSA website.

Foodbank WA

60,000 breakfasts served across the state each week through the School Breakfast Program. Recent regional trips delivering the Food Sensations initiative have occurred travelling to the western desert in the Pilbara, Broome, Looma and Derby in the Kimberley and Pilbara team are currently in Marble Bar, Nullagine and Hedland in the Pilbara. Food Sensations for Adults program delivery continues to be in strong demand and recent success engaging in Kimberley prison's has been positive.

Phoebe Joyce, Act-Belong-Commit (ABC)

ABC is boosting their role in advocacy, in particular in relation to the Public Health Plan and the lack of mental health reference.

The Minister for Mental Health, Roger Cook recently met with ABC Campaign Manager, Amberlee Nicholas.

Mental health week is week 1 of term 4, and are currently exploring the idea of having an 'Act-Belong-Commit' day during Mental Health Week.

ABC's self assessment form has recently been adapted for high school students.

ABC are also running Photovoice competition at John Curtin Gallery in Mental Health Week.

Amanda Ferguson, Western Australian School Canteen Association Inc (WASCA)

WASCA will be attending the ACHPER Conference.

Recent reporting has revealed positive feedback from teachers, principles, staff, and canteen staff. Data can't be released yet.

WASCA in collaboration with WA Council of State School Organisations (WACSSO) also have a workshop for canteen staff and parent body representatives responsible for operating a canteen. The workshop, 'Communication: the key to a viable school canteen' will be held on Thursday the 7th of September.

Visit the WASCA Training Schedule for more details:

<http://www.waschoolcanteens.org.au/trainings/training-schedule/>

Sharelle Tulloh, Sexual Head Quarters

Sue Dimitrijevic has left SHQ and Sharelle Tulloh is now Schools Coordinator.

Sharelle has put forward a project proposal to run parent workshops covering strategies for teaching children about relationships and sexuality as well as hot topics that emerge in the media (eg. 13 Reasons Why). RELATE is currently being updated with a view to write an additional manual - it is currently being implemented by 50 WA secondary schools and more RELATE teacher training will be offered in Term 3 or 4.

7. Meeting Close Closed 4.35pm

8. Next meeting

Friday 27th October 2017 8.30 - 10.00am

Cancer Council WA, 14 Bedbrook Place, Shenton Park WA