



WA HEALTH PROMOTING
SCHOOLS ASSOCIATION (INC.)

Supporting Student Health

www.wahpsa.org.au

Minutes of the General Meeting

Date: Wednesday, 12 August 2015
Time: 10.30am - 11.30am
Venue: Foodbank WA
23 Abbott Road, Perth Airport
Chairperson: Sally Blane
Minute Secretary: Michelle McIntosh

Meeting opened at 10:30am

1. Welcome and Apologies

Chair welcomed members and office bearers.

Present:

Office Bearers:

President: Sally Blane (Cancer Council WA)
Treasurer: Phoebe Joyce (Curtin University)
Jessica Richards (Kidsafe WA)
Committee Members: Leisha Aberle (Foodbank WA)
Executive Officer: Michelle McIntosh (WA School Canteen Association Inc.)

Members:

Marcelle Coakley (Stephanie Alexander Kitchen Garden Foundation)
Hayley Robertson (Better Health Company)
Sarah Di Christofaro (South Metropolitan Population Health Unit)
Joanne Gorey (Ellenbrook Secondary College)
Jaqui Bruce (Nutrition Australia)

Apologies:

Miranda Chester (Foodbank WA)
Jill Darby (Edith Cowan University)
Chrissy Halton (Child & Adolescent Community Health)
Suzi Barnes (Mt Lawley SHS)
Megan Neeson (WA School Canteen Association Inc.)

2. Acceptance of Previous Minutes

2.1. There were no action items outstanding from previous minutes

Motion to accept the Minutes of the General Meeting held on Wednesday 10 June 2015 by Leisha Aberle and seconded by Phoebe Joyce.

3. Executive Report

Sally Blane tabled the Executive report.

3.1. Next meeting

- The next meeting is scheduled for 8:30am, Friday 30th October 2015 at Cancer Council WA Shenton Park Seminar.
- The format of the meeting is still to be decided but it will offer an opportunity for networking and a possibility of a mini expo/display/showcase of member organisations.
- WAHPSA has been operating for 25 years so a celebration is in order. Catering will be provided.
- Further details in next month's E-news and on the [WAHPSA website](#).

3.2. General meetings

- Each year WAHPSA holds 6 general meetings - two each in terms 1 & 2 and one in terms 3 & 4.
- Our AGM is conducted at the second meeting of the year in March or April.
- All members and potential members are encouraged to attend and share ideas and feedback.
- At each meeting a guest presentation is delivered by our guest speaker followed by time for questions.
- Details of scheduled meetings, minutes and agendas are available on the WAHPSA website and via E-news emails.

3.3. NEW WAHPSA website - wahpsa.org.au

- A benefit of being a financial member of WAHPSA is that a summary of your organisations HPS activities will be listed on the WAHPSA website under the dedicated 'health areas' page.
- Please check that your organisations programs are listed under the relevant health area on the WAHPSA website. If your details need to be added, please complete the member program information form available by emailing Michelle McIntosh, Executive Officer and forward it along with any relevant logs to info@wahpsa.org.au
- Please provide any updates, feedback or suggestions on the new website to info@wahpsa.org.au

4. Healthy Schools Forum Debrief

- Sally Blane asked if there was any feedback from those that attended.
 - *Speakers were excellent and very relevant to school environments*
 - *Catering was delicious and abundant.*
 - *Could 'hear the buzz' as delegates moved between workshops*
 - *Very well organized*
 - *Incredible venue in amazing setting - profits given to charity.*
 - *Parking was available*
 - *Location was easily accessible*
- Leisha advised that FoodBank WA has received lot of enquiries as a result of the workshop she conducted with WA School Canteen Association Inc.
- Hayley from Better Health Channel felt the expo set up was very interactive and encouraged delegates to seek information and resources. She also felt that it encouraged agencies to work together and refer delegates to other stands.

- Sally advised that they received positive feedback from several VIPs that attended which she included in the Healthway report:
 - Tarun Weeramanthri, Executive Director, Public Health and Clinical Services Division, Department of Health Western Australia
 - Denise Sullivan, Director Chronic Disease Prevention, Department of Health Western Australia
 - Jenni Perkins, Commissioner for Children and Young People - view the Commissioner's diary here <http://www.cyp.wa.gov.au/article/news/Healthy-eating-project-a-success.aspx>
- Jess Richards asked if WAHPSA could continue to run a similar event every 2 years?
 - Sally felt that we would need to increase our membership base in order to run a successful event on that scale, but it would be a possibility in the future.

5. Guest Presentation

Marcelle Coakley, Stephanie Alexander Kitchen Garden Foundation - *"An integrated approach to food and wellbeing"*.

- The vision - 'Pleasurable food education'
- Integrated food education - providing real, enjoyable, healthy food experiences, food literacy and an understanding of the fresh food production process.
- Addressing a range of school objectives and learning outcomes through one program: health, curriculum, student and community engagement, sustainability, social responsibility.
- PD and Online training
- Tools for teachers - free downloadable lesson plans, syllabus
- Community engagement e.g. banks - volunteers, rotary clubs, uni's, TAFE, grandparents
- Fundraising - healthy sustainable way e.g. pickles and preserves
- Shared table - online for membership and program schools, volunteer support, forum, social media, resources, students create own activity (journalists, reporting, networking with other schools and link in and ask questions, weekly digest (newsletter)

A copy of her full presentation is available on the [WAHPSA website](#).

6. Foodbank WA tour. Thanks to Leisha Aberle for conducting a tour of Foodbank WA's new facilities.

7. Next Meeting

- Friday 30 October 2015
- Venue and time TBA in next E-news

Meeting closed at 10:30am by Sally Blane